

# Inverse agonist of estrogen-related receptor $\alpha$ suppresses the growth of triple negative breast cancer cells through ROS generation and interaction with multiple cell signaling pathways

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## ABSTRACT

There is an urgent clinical need for targeted therapy approaches for triple-negative breast cancer (TNBC) patients. Increasing evidences suggested that the expression of estrogen-related receptor alpha (ERR $\alpha$ ) was correlate with unfavorable clinical outcomes of breast cancer patients. We here show that inhibition of ERR $\alpha$  by its inverse agonist XCT-790 can suppress the proliferation, decrease G2/M phases, and induce mitochondrial-related apoptosis of TNBC cells. XCT-790 elevates the proteins related to endoplasmic reticulum (ER) stress such as ATF4/6, XBT-1 and CHOP. It also increases the expression of growth inhibition related proteins such as p53 and p21. Further, XCT-790 can increase the generation of reactive oxygen species (ROS) in TNBC cells mainly through inhibition of SOD1/2. While ROS scavenger NAC abolishes XCT-790 induced ER-stress and growth arrest. XCT-790 treatment can rapidly activate the signal molecules including ERK1/2, p38-MAPK, JNK, Akt, p65, and I $\kappa$ B $\alpha$ , while NAC attenuates effects of XCT-790 induced phosphorylation of ERK1/2, p38-MAPK and Akt. Further, the inhibitors of ERK1/2, JNK, Akt, and NF- $\kappa$ B attenuate XCT-790 induced ROS generation. These data suggest that AKT/ROS and ERK/ROS positive feedback loops, NF- $\kappa$ B/ROS, and ROS/p38-MAPK, are activated in XCT-790 treated TNBC cells. *In vivo* experiments show that XCT-790 significantly suppresses the growth of MDA-MB-231 xenograft tumors, which is associated with up regulation of p53, p21, ER-stress related proteins while down regulation of bcl-2. The present discovery makes XCT-790 a promising candidate drug and lays the foundation for future development of ERR $\alpha$ -based therapies for TNBC patients.

## INTRODUCTION

The estrogen-related receptor alpha (ERR $\alpha$ ), a member of the nuclear hormone receptor super family of transcription factors, can regulate the energy metabolism and mitochondrial biogenesis [1]. Although the endogenous

ligand has yet to be defined, ERR $\alpha$  can modulate the expression of transcriptomes of estrogen receptor (ER) due to the high degree of structural similarity in the DNA binding domain [2]. Given the established role of estrogen in breast cancer, the roles of ERR $\alpha$  in ER signaling and pathogenesis of breast cancer have been continuously

concerned. Previous studies revealed that the expression of ERR $\alpha$  was correlate with increased risk of recurrence and adverse clinical outcomes of breast cancer patients via a ER status independent manner [3, 4]. The ChIP-chip analyses of breast cancer cells revealed that majority of the genes regulated by ERR $\alpha$  are distinct from those controlled by ER [5, 6]. Further, high ERR $\alpha$  expression has been reported in breast, ovarian and prostate cancers, which is correlated with poor prognosis [3, 7]. ERR $\alpha$  is also involved in angiogenesis and response to hypoxia of solid tumors [8, 9]. These rapidly accumulating evidences suggest that ERR $\alpha$  emerges as a transcriptional metabolic regulator that also promotes cancer development [10, 11].

Triple-negative breast cancers (TNBCs), which is clinically defined by the absence of ER, progesterone receptor (PR), or human epidermal growth factor receptor 2 (HER2), accounts for about 15–20% of all newly diagnosed breast cancer cases [12]. TNBC is generally associated with high risk of disease recurrence and increased risk of visceral and cerebral metastases compared with other subtypes of breast cancer [13–15]. Further, patients are not eligible for endocrine or HER2 targeted therapies, thus rendering chemotherapy the only therapeutic option [16, 17]. The rate of death in patients with TNBC at 5 years is twice that of ER $\alpha$  positive tumors [18]. Considering there is no FDA (Food and Drug Administration) approved targeted therapy for TNBC patients, the investigation of underlying molecular mechanisms and exploitation of new targeted approaches are desperately needed.

ERR $\alpha$  is required for the growth and migration of breast cancer cells when assayed *in vitro* or propagated as xenografts [3, 7, 8, 19]. Our recent study revealed inhibition of ERR $\alpha$  can suppress the metastasis of TNBC cells via directly targeting fibronectin [20]. Further, ERR $\alpha$  expression indicates worse prognosis and correlated with poor outcome predictors in TNBC patients [21]. While the roles and mechanisms of ERR $\alpha$  in the progression and growth of TNBC remain unclear. XCT 790, which binds to the inferred ligand-binding domain of ERR $\alpha$ , is the selective inhibitor of ERR $\alpha$ . It has been widely used to investigate the biological effects of ERR $\alpha$  [20, 22, 23]. The primary objective of the present study is to illustrate the effects and related mechanisms of ERR $\alpha$  on the *in vitro* and *in vivo* growth of TNBC.

## RESULTS

### XCT-790 inhibits the proliferation and induces cell cycle arrest of TNBC cells

Our recent study revealed that ERR $\alpha$  was highly detected in TNBC MDA-MB-231 and BT-549 cells [20]. Then roles of ERR $\alpha$  inverse agonist XCT-790 on cell viability were further investigated. As shown in Figure 1A, XCT-790 treatment inhibited the proliferation of both MDA-MB-231 and BT-549 cells via a concentration-

dependent manner. The IC<sub>50</sub> values of XCT-790 (48 h) to MDA-MB-231 and BT-549 cells were 13.7 and 13.3  $\mu$ M, respectively. Therefore 5  $\mu$ M XCT-790 was chose for further studies on the basis of cytotoxicity test and other previous studies [5, 7]. To validate the essential roles of ERR $\alpha$  for XCT-790 induced suppression of TNBC cell proliferation, MDA-MB-231 and BT-549 cells were transfected with non-targeting control si-RNA or si-ERR $\alpha$  for 24 h. Western blot analysis revealed that the expression of ERR $\alpha$  was significantly silenced by si-ERR $\alpha$  while not XCT-790 (Figure 1B). The silencing of ERR $\alpha$  also suppressed the growth of both MDA-MB-231 and BT-549 cells (Figure 1C).

Whether XCT-790 blocked cells in a specific phase of cell cycle was further determined. We synchronized cells using double TdR-blocking method. Flow cytometry (FCM) analysis showed an obvious decrease in the percentage of cells in G2/M phase of XCT-790 treated MDA-MB-231 cells, as compared with that in DMSO (0.5%, v/v) treated control cells. The decrease of G2/M phases by XCT-790 lasted throughout 48 h treatment period (Figure 1D). Similar XCT-790 induced G2/M phase decrease was also observed in BT-549 cells (Data not shown). Collectively, these data revealed that inhibition of XCT-790 by XCT-790 can significantly inhibit the *in vitro* growth of TNBC cells by decreasing G2/M phases.

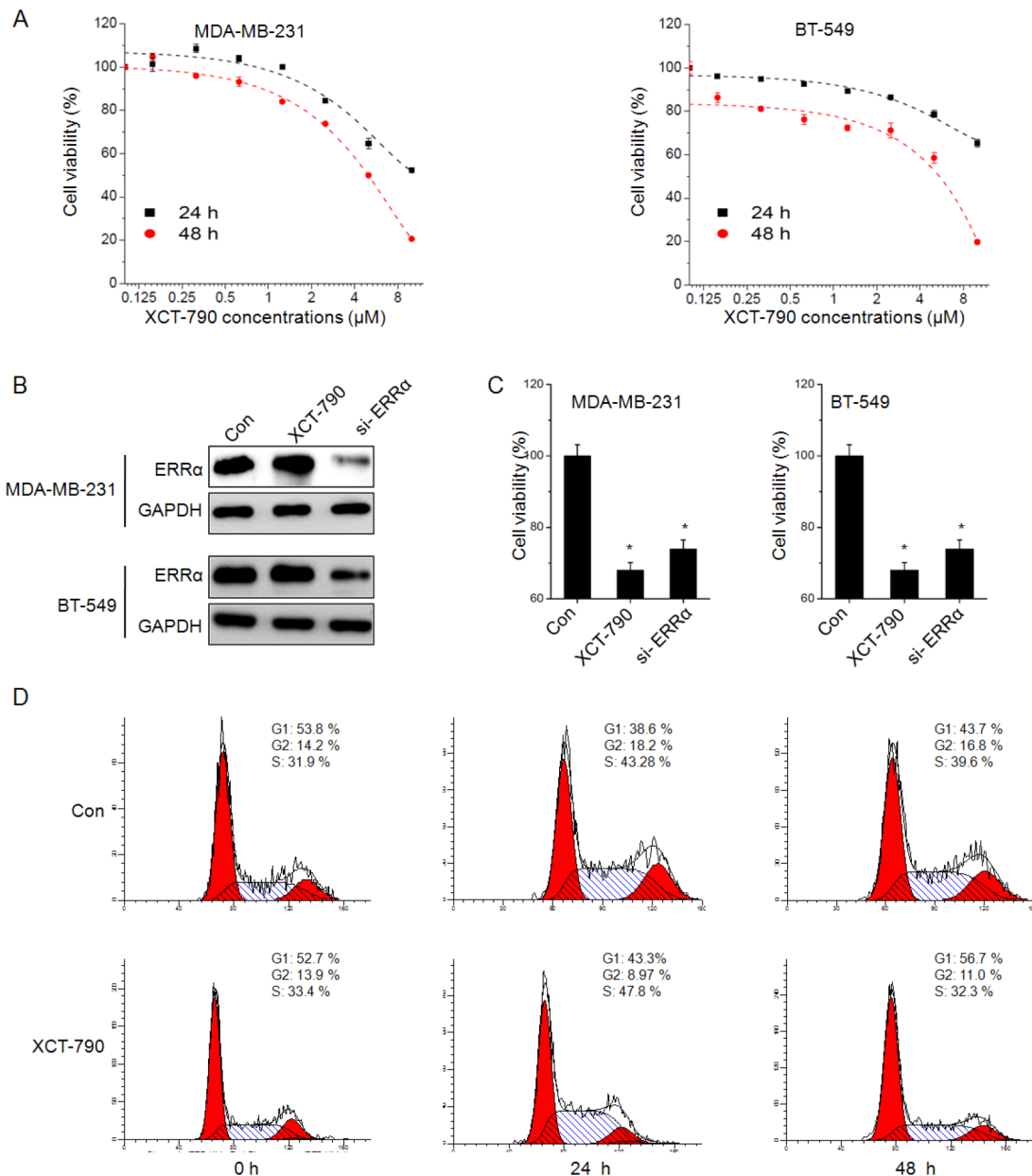
### XCT-790 induces mitochondrial-related apoptosis

Next, MDA-MB-231 cells were treated with 10  $\mu$ M XCT-790 for increased time periods, and then apoptotic cells were detected by FCM. As shown in Figure 2A, XCT-790 treatment resulted in a marked time dependent increase in apoptosis of MDA-MB-231 cells. Further, the mitochondrial membrane potential ( $\Delta\Psi_m$ ) was measured using fluorochrome dye JC-1. Our results showed that XCT-790 treatment also resulted in a time dependent increase in the ratio of the green fluorescence to red fluorescence (Figure 2B), suggesting that inhibition of ERR $\alpha$  can decrease the  $\Delta\Psi_m$  and thus promote cell apoptosis. The expression levels of apoptotic related proteins in TNBC cells were further measured. As shown in Figure 2C, inhibition of ERR $\alpha$  significantly ( $p < 0.05$ ) up regulated the expression of Bax, Bim and cleaved caspase-3 while down regulated the expression of Bcl-2 and procaspase-3 in both MDA-MB-231 and BT-549 cells, which led to an decrease of antiapoptotic/proapoptotic Bcl-2/Bax ratios (Figure S1). Collectively, these data suggested that the mitochondrial-related apoptosis is involved in XCT-790 induced TNBC cell growth arrest.

## XCT-790 increases ROS generation by suppressing SOD1/2

ROS generation plays an important role in apoptotic effects of anticancer agents [24, 25]. To determine whether ROS generation is involved in XCT-790-induced apoptosis, we measured the levels of ROS in XCT-790 treated cells by use of DCF-DA. Our results revealed that XCT-790 can increase the ROS generation via a dose dependent manner

in MDA-MB-231 cells (Figure 3A). We analyzed the expression of relevant antioxidant enzymes such as SOD, GXP1 or catalase and ROS generation enzymes including NOX1 and NOX4 [26]. As shown in Figure 3B, XCT-790 obviously decreased the mRNA expression of SOD1 and SOD2 while not GXP1, catalase, NOX1, or NOX4. This was confirmed by the results that catalase (H<sub>2</sub>O<sub>2</sub> scavenger) (Figure 3C) or diphenyleneiodonium chloride (DPI, NOX inhibitor) (Figure 3D) had no significant effect on XCT-



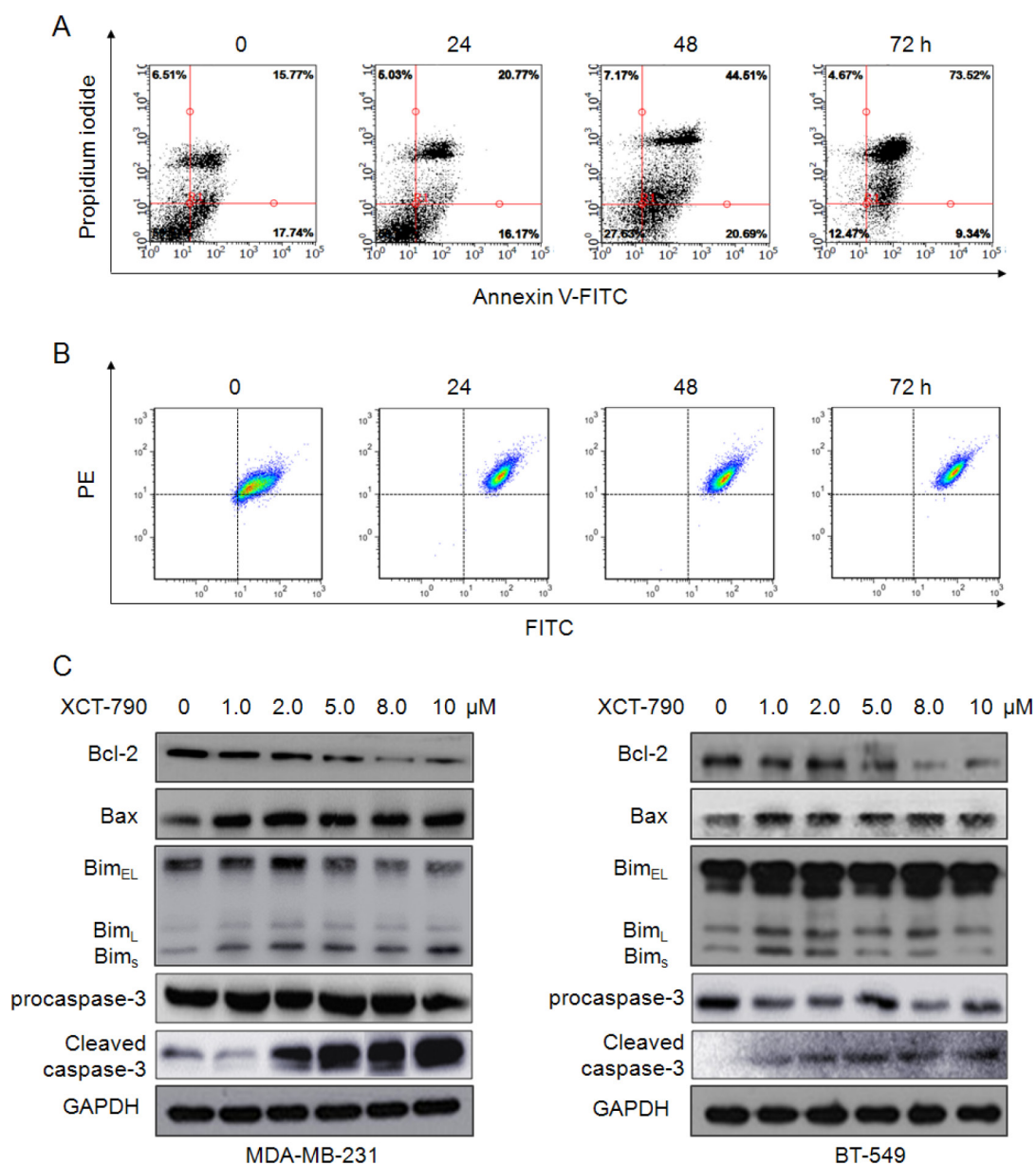
**Figure 1: XCT-790 inhibits the proliferation and induces cell cycle arrest of TNBC cells.** (A) MDA-MB-231 or BT-549 cells were treated with various concentrations of XCT-790 for 24 or 48 h, and then cell viability was assessed by CCK-8 kit. After 24 h treatment with XCT790 (5 μM) or pre-transfection with si-NC or si-ERRα siRNAs, the protein levels of ERRα were analyzed by Western blot analysis (B), the cell viability of MDA-MB-231 or BT-549 cells was assessed by CCK-8 kit (C). (D) MDA-MB-231 cells were synchronized at the G1/S transition by a double TdR block, and then treated with 5 μM XCT-790 for the indicated times. The cycle cycles were analyzed by FCM. Data were presented as means ± SD of three independent experiments (Ten independent experiments for cell viability). \**p* < 0.05 compared with control group.

790 induced ROS generation of MDA-MB-231 cells. Therefore, our results revealed that XCT-790 increases ROS generation mainly by suppressing SOD1/2 expression.

### Endoplasmic reticulum (ER) stress is involved in XCT-790 induced growth arrest

In addition to mitochondrial pathway, ER stress also plays an important role in cancer cell growth arrest and apoptosis [27, 28]. We examined the expressions of

ER stress-related proteins such as activating transcription factor 4 (ATF4), activating transcription factor 6 (ATF6), X-box binding proteins 1 (XBP-1), and C/EBP-homologous protein (CHOP) in XCT-790-treated TNBC cells. The results indicated that the protein levels of ATF4, ATF6, XBP-1, and CHOP were obviously increased after treatment for 12 h. The up regulation of these proteins can last more than 48 h in both MDA-MB-231 (Figure 4A) and BT-549 (Figure 4B) cells. Furthermore, si-ERR $\alpha$  also obviously increased the expression of ATF4, ATF6, XBP-1, and CHOP



**Figure 2: The inhibition of ERR $\alpha$  induces mitochondrial-related apoptosis in TNBC cells.** (A) MDA-MB-231 cells were treated with 10  $\mu$ M XCT-790 for increased time periods, stained with annexin V-FITC and PI, and then analyzed by FCM for cell apoptosis. (B) MDA-MB-231 cells were treated with 10  $\mu$ M XCT-790 as the indicated concentrations for 24 h, and then JC-1, the mitochondria-specific dye, was added to measure the membrane polarity ( $\Delta\Psi$ m). Apoptotic cells mainly show green fluorescence (FITC), while healthy cells show red fluorescence (PE). (C) MDA-MB-231 and BT-549 cells were treated with XCT-790 as the indicated concentrations for 48 h, and then Bcl-2, Bax, and Bim protein expression levels were analyzed by Western blot analysis. Data were presented as means  $\pm$  SD of three independent experiments.

in MDA-MB-231 cells (Figure 4C). These data suggested that ER stress is involved in XCT-790 induced growth arrest of TNBC cells.

### XCT-790 increases the expression of growth inhibition related proteins

Proteins such as p53, p21 and c-Myc have been implicated in apoptosis and mitochondrial dysfunction. We thus examined the effects of XCT-790 on the expression of these proteins. We found that XCT-790 can increase the protein levels of p53 and p21 via both time (Figure 5A) and concentration (Figure 5B) dependent manners. Further, XCT-790 treatment also significantly ( $p < 0.05$ ) increased the levels of p-Ser<sup>15</sup>-p53 via a concentration dependent manner (Figure 5C), which is essential for translocation of p53 to the nucleus [29]. These results clearly demonstrated that XCT-790 can impair growth and induce apoptosis via up-regulation of apoptotic proteins in TNBC cells.

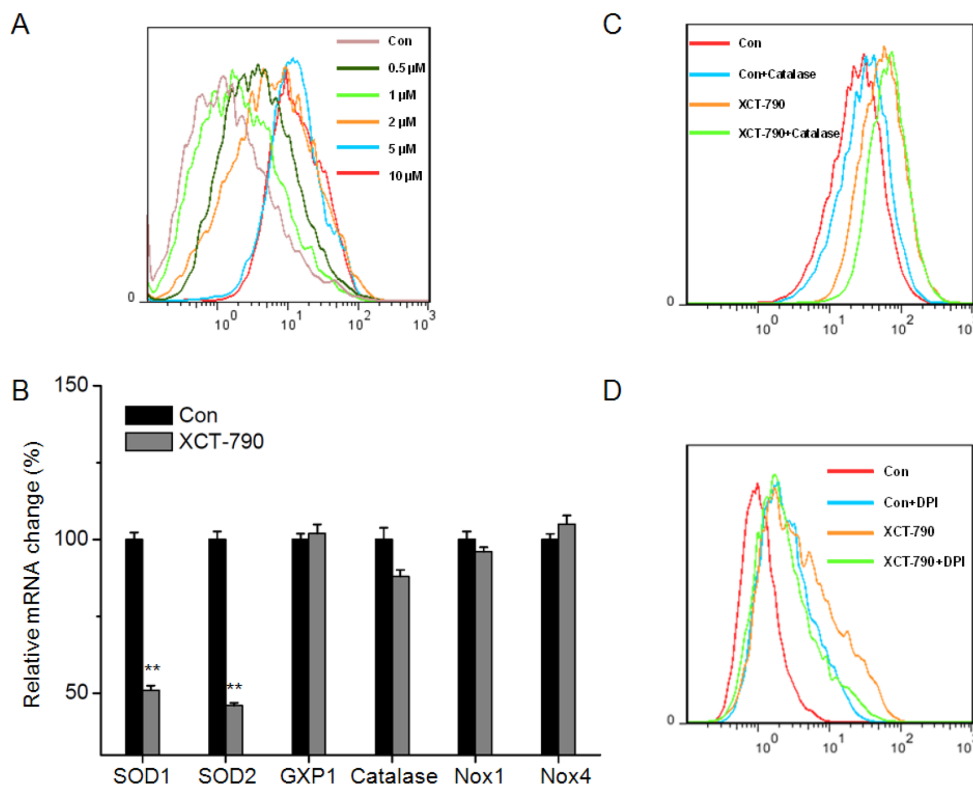
### ROS is involved in XCT-790 induced ER stress and growth arrest

We then assessed the roles of ROS generation in XCT-790 induced ER stress and growth arrest. Our results revealed that ROS scavenger NAC markedly attenuated

XCT-790 induced ROS generation in MDA-MB-231 cells (Figure 6A). NAC also alleviated the inhibition effects of XCT-790 on the proliferation effects of MDA-MB-231 and BT-549 cells (Figure 6B). We also examined the effects of NAC on XCT-790 induced variation of growth arrest, apoptosis, and ER stress related proteins. Our results revealed that NAC obviously attenuated XCT-790 induced down regulation of Bcl-2 and up regulation of Bax, Bims, ATF-4, XBP-1, CHOP, p21 and p27 (Figure 6C and 6D). The results suggested that ROS is involved in XCT-790 induced ER stress and growth arrest.

### XCT-790 activates MAPK, PI3K/Akt, NF- $\kappa$ B signals via ROS dependent or independent manner

We next sought to identify the signal transduction pathways involved in proliferation inhibition in response to XCT-790 treatment. We monitored the expression levels and activation statuses of MAPKs, PI3K/Akt, and NF- $\kappa$ B, which have been implicated in cell proliferation and apoptosis [30, 31]. As shown in Figure 7A–7C, XCT-790 treatment rapidly activated (1 min) JNK and lasted for 60 min. For *I $\kappa$ B $\alpha$* , XCT-790 activated it since 1 min and lasted for 4 h. As to p38-MAPK, XCT-790 activated it at 2 min and lasted for more than 24 h. As to ERK1/2, Akt, and p65, XCT-790



**Figure 3: XCT-790 increases ROS generation by suppressing SOD1/2.** (A) MDA-MB-231 cells were treated with increasing concentrations of XCT-790 for 12 h, and then loaded with CM-H2DCFDA. The fluorescence intensity was measured by FCM. (B) MDA-MB-231 cells were treated with 5  $\mu$ M XCT-790 for 12 h, and then the mRNA levels of SOD1, SOD2, GXP1, Catalase, NOX1, and NOX4 were measured by qRT-PCR; MDA-MB-231 cells were pretreated with or without 2000 U Catalase (C) or 10  $\mu$ M DPI (D) for 1 h, and then exposed to XCT-790 for 12 h. Data were presented as means  $\pm$  SD of three independent experiments.

activated them since 5 min and also lasted for more than 24 h. While XCT-790 treatment had no obvious effect on the total levels of ERK1/2, p38-MAPK, JNK, Akt, p65 or *IκBα* for 0 to 24 h (Figure S2). In addition, our results confirmed that XCT-790 treatment increased the transcription activities of NF-κB in MDA-MB-231 cells by use of dual luciferase reporter assay (Figure S3). Furthermore, the ROS scavenger NAC significantly attenuated XCT-790 induced activation of ERK1/2, p-38 MAPK, and Akt, while not JNK, p65, or *IκBα*. It suggested that *XCT-790 can activate the ERK1/2, p-38 MAPK and Akt via ROS dependently and JNK, NF-κB via ROS independently.*

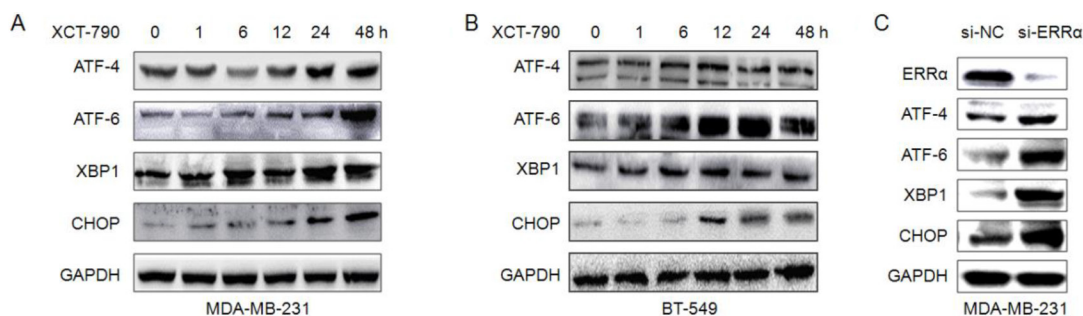
### MAPK and NF-κB signals participate XCT-790 induced ROS generation and growth arrest

We next investigated whether MAPK, PI3K/Akt, NF-κB signals were involved in XCT-790 induced ROS generation and growth arrest of TNBC cells. The results revealed that the all inhibitors excluding SB (p-38 MAPK inhibitor) significantly attenuated XCT-790 induced ROS

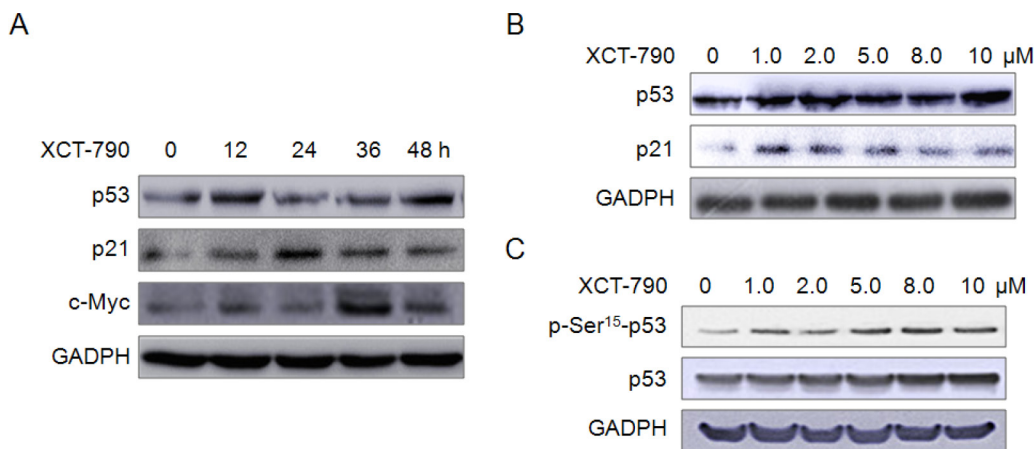
generation (Figure 8A). Further, cell viability assays showed that the inhibitor of JNK and NF-κB, while not others, significantly alleviated the inhibition effects of XCT-790 on the proliferation of MDA-MB-231 cells (Figure 8B), while the inhibitor alone had no significant effect on cell proliferation (Figure S4). This was further confirmed by the results that SP and BAY attenuated the suppression effects of si-ERRα on the proliferation of MDA-MB-231 cells (Figure 8C). Further, the inhibitor of JNK and NF-κB also attenuated the down regulation of Bcl-2 and up regulation of p53 in MDA-MB-231 cells (Figure 8D). The results of cell viability revealed that p38-MAPK and NF-κB are involved in XCT-790 induced ROS generation and cell growth arrest, furthermore, ERK1/2 and PI3K/Akt also participate in XCT-790 induced ROS generation.

### XCT-790 inhibits TNBC xenograft tumor growth *in vivo*

We examined the effect of XCT-790 on the progression of MDA-MB-231 tumor xenografts in nude mice. Cells



**Figure 4: ER stress is involved in XCT-790 induced apoptosis.** MDA-MB-231 (A) or BT-549 (B) cells were treated with 5 μM XCT-790 for the indicated times, and then the expression of ATF4, ATF6, XBP-1 and CHOP were determined by Western blot analysis; (C) MDA-MB-231 cells were transfected with siNC or si-ERRα for 48 h, and then the ER-stress related proteins were measured by Western blot analysis.

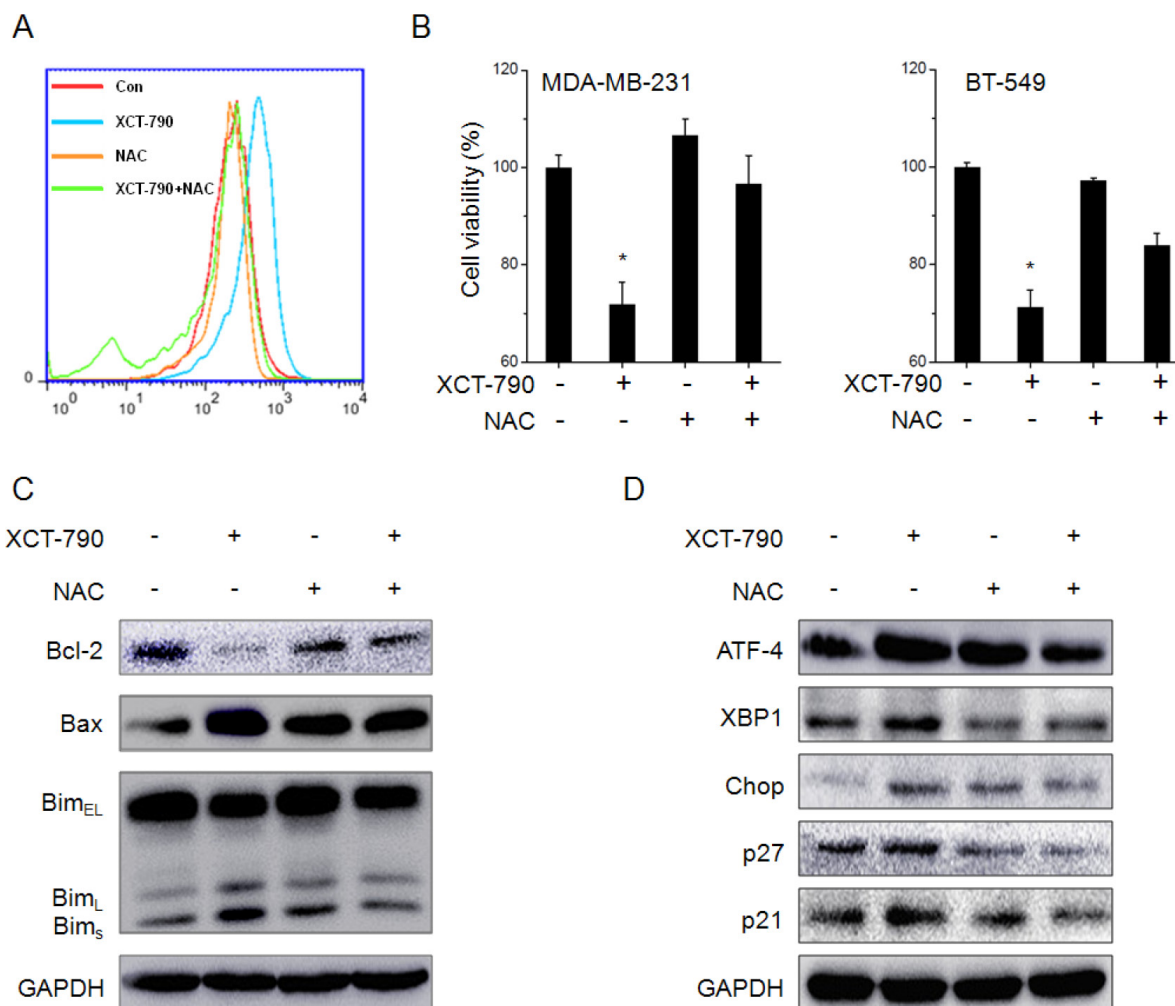


**Figure 5: XCT-790 increases the expression of growth inhibition related proteins.** (A) MDA-MB-231 cells were treated with 5 μM XCT-790 for the indicated times, and then the expression of p53, p21 and c-Myc were measured by Western blot analysis; (B) MDA-MB-231 cells were treated with increasing concentrations of XCT-790 for 24 h, then the expression of p53 and p21 were measured by Western blot analysis; (C) MDA-MB-231 cells were treated with increasing concentrations of XCT-790 for 1 h, the total and phosphorylation of p53 were measured by Western blot analysis.

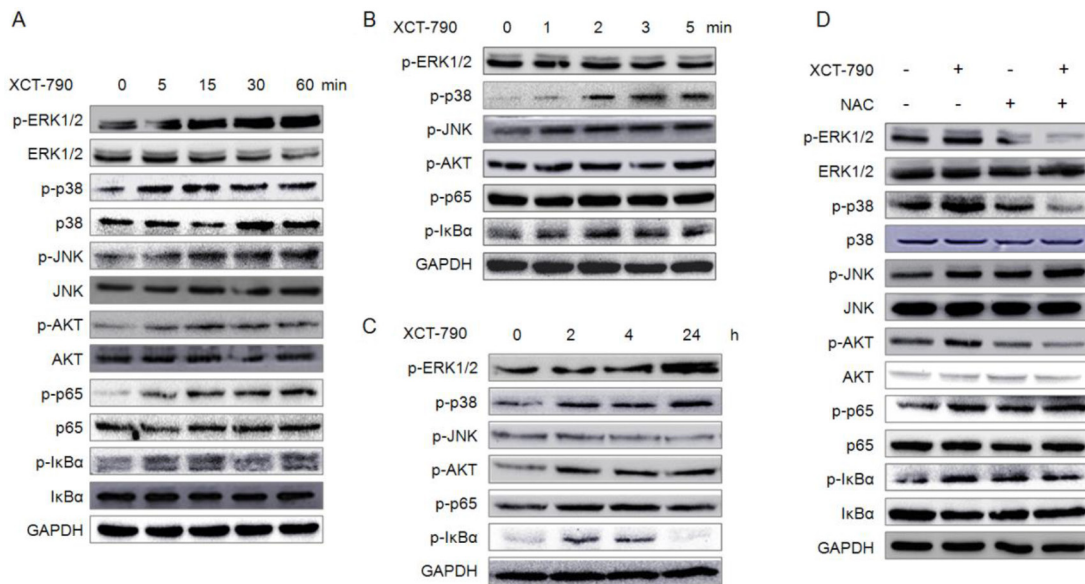
began to form measurable tumors after 14 days. After 35 days, all mice were sacrificed due to the large volume of tumor in the control group. During all the processes of experiments, the average size of tumor in XCT-790 groups was significantly ( $p < 0.05$ ) less than that of control ones (Figure 9A). At the end of the experiment, the volume of control group ( $941 \pm 154 \text{ mm}^3$ ) was significantly greater than that in XCT-790 group ( $292 \pm 87.1 \text{ mm}^3$ ). This indicated that XCT-790 is able to inhibit the *in vivo* growth of TNBC cells. Western blot analysis showed that XCT-790 treatment significantly enhanced the expression of apoptosis related proteins p-p53, p53, p27, p21, ER stress related proteins XBP, ATF-4/6, XBP, CHOP, and activated the signal molecules *I $\kappa$ B $\alpha$* , *p38-MAPK*, *Akt*, and *ERK*, while decreased the expression of *ERR $\alpha$*  and *Bcl-2* (Figure 9C). These data suggested that XCT-790 can inhibit the growth of TNBC in nude mice bearing MDA-MB-231 xenografts via proliferation suppression and apoptosis induction.

## DISCUSSION

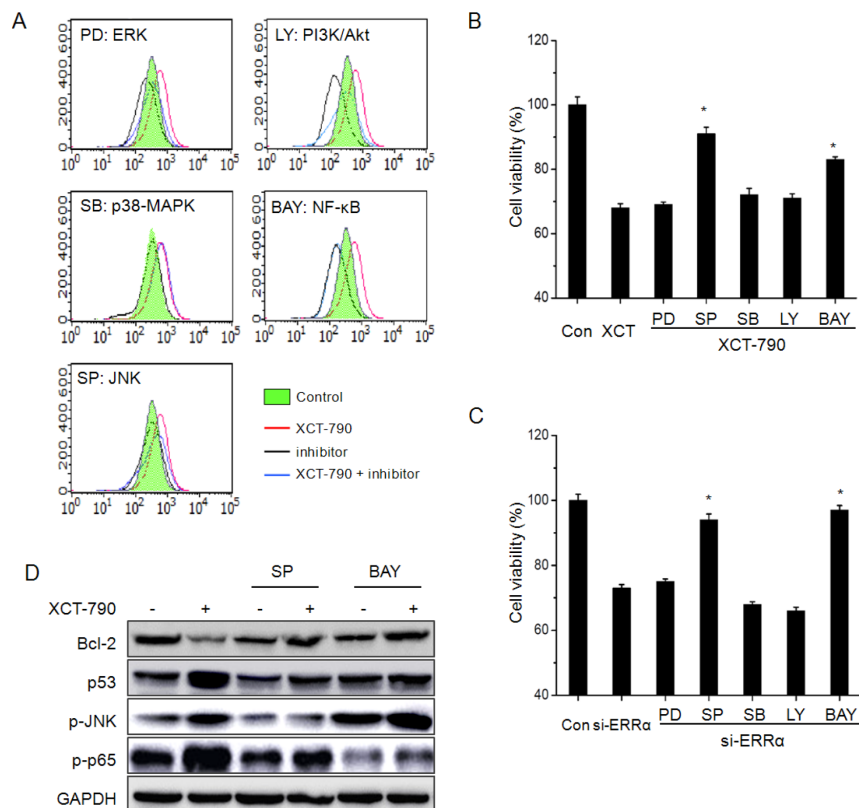
*ERR $\alpha$*  has been suggested to be a key factor for energy metabolism and progression of various cancers [3, 7]. Herein, we provide new insights into the protumorigenic action of *ERR $\alpha$*  on the progression of TNBC, an aggressive and deadly type of cancer threatening patients all over the world. Using the specific inverse agonist of *ERR $\alpha$* , we demonstrate that XCT-790 suppresses the proliferation, decreases G2/M phases, and induces mitochondrial-related apoptosis of TNBC cells. Further, XCT-790 also increases the expression of ER-stress and growth inhibition related proteins and induces the ROS generation mainly through suppression of SOD1/2. Our data also show that the ROS generation mediates XCT-790 induced ER-stress and growth arrest. Multiple signal pathways, such as AKT/ROS and ERK/ROS positive feedback loops, NF- $\kappa$ B/ROS, and ROS/p38-MAPK, participate in XCT-790 induced growth



**Figure 6: ROS mediates XCT-790 induced ER stress and growth arrest.** (A) MDA-MB-231 cells were pretreated with NAC (20 mM) for 1 h and then treated with 5  $\mu$ M XCT-790 for 12 h, the ROS was measured by FCM; (B) MDA-MB-231 or BT-549 cells were pretreated with NAC (20 mM) for 1 h and then treated with 5  $\mu$ M XCT-790 for 48 h, the cell viability was measured by use of CCK-8 kit; (C & D) MDA-MB-231 cells were pretreated with NAC (20 mM) for 1 h and then treated with 5  $\mu$ M XCT-790 for 24 h, the protein expression was examined by Western blot analysis. Data were presented as means  $\pm$  SD of three independent experiments. \* $p < 0.05$  compared with control group.



**Figure 7: XCT-790 activates MAPK, PI3K/Akt, NF- $\kappa$ B signals via ROS dependent or independent manner.** (A–C) MDA-MB-231 cells were treated with 5  $\mu$ M XCT-790 for the indicated times, and then the phosphorylation and total expression of these signal molecules were measured by Western blot analysis; (D) MDA-MB-231 cells were pretreated with NAC (20 mM) for 1 h and then treated with XCT-790 for 30 min, the phosphorylation and total expression of MAPK, Akt, NF- $\kappa$ B were measured by Western blot analysis.



**Figure 8: MAPK and NF- $\kappa$ B signals participate XCT-790 induced ROS generation and growth arrest.** MDA-MB-231 cells were pretreated with 10  $\mu$ M ERK1/2 inhibitor PD98059 (PD), JNK inhibitor SP600125 (SP), p38-MAPK inhibitor SB203580 (SB), PI3K inhibitor LY294002 (LY), or NF- $\kappa$ B inhibitor BAY11-7082 (BAY) for 90 min, and then exposed to 5  $\mu$ M XCT-790 for further 12 h (A) or 48 h (B), the ROS and cell viability were measured by FCM and CCK-8 assay, respectively; (C) MDA-MB-231 cells were pretreated with inhibitors for 90 min, and then transfected with si-ERR $\alpha$  for another 48 h, the cell viability was measured by CCK-8 assay; (D) MDA-MB-231 cells were pretreated with SP or BAY for 90 min and then stimulated with XCT-790 for further 24 h, the expression of Bcl-2, p53, p-JNK, and p-p65 were measured by Western blot analysis. Data were presented as means  $\pm$  SD of three independent experiments. \* $p$  < 0.05 compared with XCT-790 or si-ERR $\alpha$  group.



arrest. In MDA-MB-231 tumor xenografts in nude mice, XCT-790 treatment can significantly delay the *in vivo* growth of TNBC cells.

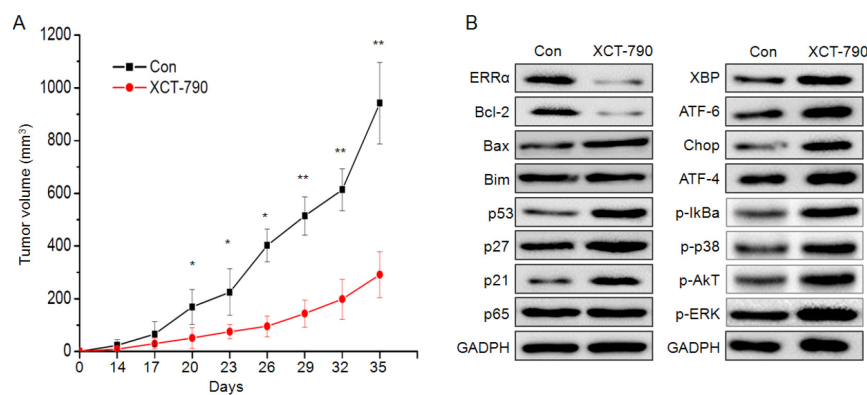
ERR $\alpha$  has been suggested to be correlated with unfavorable outcome in various cancer types such as prostate, colorectal, cervical and ovarian carcinomas [10, 11]. As to the breast cancer, high ERR $\alpha$  expression has been found to correlate with poor clinical outcome and/or unfavorable biomarkers such as ErbB2 [4, 5]. While ERR $\alpha$  deficiency significantly delays tumor formation in a mouse model of ErbB2-induced mammary tumorigenesis [32]. Our study reveals that inhibition of ERR $\alpha$  by its specific inverse agonist XCT-790 significantly inhibits the *in vitro* and *in vivo* growth of TNBC cells. It is consistent with previous study that inhibition of ERR $\alpha$  by its specific siRNA or XCT-790 can suppress the growth of colon [33], prostate [7], and estrogen receptor positive or negative breast [19, 34] cancer cells. Furthermore, our previous and others' studies indicated the inhibition of ERR $\alpha$  can also suppress the migration and invasion of cancer cells via suppression the epithelial-to-mesenchymal transition [20, 35], down regulation the stability of RHOA [36] or induction the expression of WNT11 [37]. Collectively, these data suggested that ERR $\alpha$  plays a positive role in the progression of TNBC, while its inhibition might be a potential valuable approach for TNBC treatment.

Our study suggests that ROS serves as a critical role in XCT-790 induced growth arrest and ER stress of TNBC cells. *First*, XCT-790 induces ROS production in TNBC cells via a concentration dependent manner. *Second*, ROS scavenger is able to suppress ROS production. *Third*, ROS scavenger can attenuate XCT-790 induced down regulation of Bcl-2 and up regulation of ER stress and apoptotic related proteins. *Fourth*, ROS scavenger abolishes XCT-790 induced growth arrest *in vitro*. The elevation of ROS can be utilized to suppress cancer cell population growth and even induce apoptosis [24, 25]. Previous studies revealed that ERR $\alpha$  is essential for mitochondrial function and the expression of antioxidant protection genes [38].

XCT-790 can arrest A549 lung cancer cell population growth by inducing mitochondrial ROS production [39]. Considering that cancer cells are more sensitive to rapid increases of ROS levels than normal cells [40], our study provides a plausible mechanistic explanation for that targeted inhibition of ERR $\alpha$  to suppress the progression of TNBC via a ROS-dependent manner, which will selectively kill cancer cells without causing significant toxicity to normal cells [41]. Further, our results, together with other previous studies, suggested that ERR $\alpha$  inverse agonist would potentially have therapeutic value as novel chemotherapeutics for treating TNBC [19, 20, 39].

The role of ER stress in ROS-induced apoptosis has been demonstrated in a variety of cell types [27, 28]. As the results of oxidative stress mediated by ROS, accumulation of unfolded or misfolded proteins triggers a cellular adaptive procedure known as ER stress. Among the ER-stress related proteins, ATF4, ATF6, XBP-1, and CHOP are typical ER stress-regulated proteins involved in ER stress-induced apoptosis [42, 43]. Our result reveal that XCT-790 can up regulate the expression of ATF4, ATF6, XBP-1, and CHOP for more than 48 h in TNBC cells. The persistent or excessive ER stress inducing irreversible damages to cells is favorable to the activation of apoptosis [44]. Further, the ROS scavenger significantly attenuates XCT-790 induced ER-stress of TNBC cells, suggesting that ROS acts as upstream signals to initiate XCT-790-induced ER stress [45]. Collectively, our data reveal that XCT-790 induced ER stress is another pathway responsible for its inhibition effects on TNBC progression.

We then try to probe the mechanism for ROS generation and ant-cancer effects of XCT-790. We find that XCT-790 can significantly suppress the mRNA expression of SOD1/2, while not GXP1, Catalase, or NOX1/4. In the present study, neither DPI (NOX inhibitor) nor Catalase treatment can suppress XCT-790 induced ROS production, suggesting that NOX or Catalase might not be involved in XCT-790 induced ROS generation. As an important antioxidant enzyme, SOD1/2 plays a critical role in the



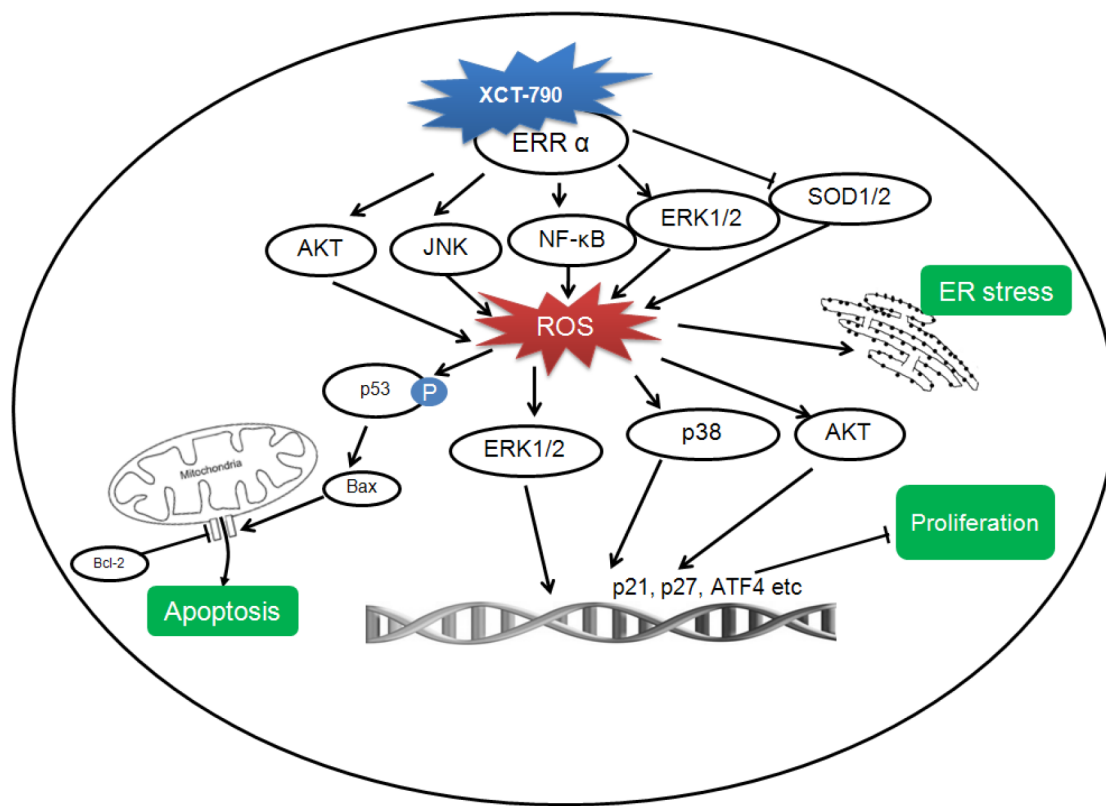
**Figure 9: Inhibition of ERR $\alpha$  by XCT-790 inhibits the MDA-MB-231 xenograft growth *in vivo*.** (A) Tumor size was measured at the indicated time intervals. (B) The proteins related to the growth inhibition effects of XCT-790 were determined by Western blot analysis in the tumor lysates from the control and XCT-790 treated group. \* $p < 0.05$  compared with control; \*\* $p < 0.01$  compared with control.

reduction of intracellular oxidative stress [46]. Therefore, our study suggests that XCT-790 induced ROS generation mainly through suppression of SOD1/2.

Multiple signaling molecules, such as MAPKs, PI3K/Akt, and NF- $\kappa$ B, have been shown to regulate the generation of ROS [47]. Further, ROS functions as second messengers in diverse signaling pathways [48]. The MAPKs, including ERK1/2, JNK and p38 MAPK, are a family of serine/threonine kinases that regulate a variety of cellular events such as proliferation and apoptosis [30, 31]. It is well known that activation of JNK contributes to stress-induced apoptosis [49]. Here we find that XCT-790 can activate ERK1/2, p38 $\alpha$ , and JNK1/2, but activation of p38 $\alpha$  was not responsible for XCT-790 induced ROS generation. This is strongly supported by the findings that inhibition of JNK with SP600125 or ERK1/2 with PD98059 abolished XCT-790 induced ROS generation. Further, our study shows that pre-treatment with NAC prevented XCT-790 induced phosphorylation of ERK1/2 and p38-MAPK, while not JNK, indicating that ROS/ERK1/2 positive feedback, JNK/ROS, and ROS/p38-MAPK are involved in XCT-790 induced growth arrest of TNBC cells. Our previous study also revealed that sustained activation of ERK1/2 can suppress the proliferation and *in vivo* growth of breast cancer cells [50]. Further research is needed to address whether ERK and JNK induces ROS generation is responsible for the activation of p38-MAPK.

Our study reveals that ROS/Akt feedback loop and NF- $\kappa$ B/ROS pathway are also involved in XCT-790 induced ROS generation. Mounting evidences suggest that PI3K/Akt mediates the increase of ROS [51]. ROS scavenger NAC is able to suppress XCT-790 induced activation of Akt in MDA-MB-231 cells. Further, results show that XCT-790 rapidly (less than 1 min) induced I $\kappa$ B $\alpha$  phosphorylation, which is concomitant with I $\kappa$ B degradation, p65 phosphorylation and p65 nuclear translocation. Inhibition the activities of NF- $\kappa$ B and Akt significantly abolish XCT-790 induced ROS generation. Previous findings suggested dual roles for NF- $\kappa$ B signal transduction pathway in the regulation of cell growth. Paradoxically NF- $\kappa$ B has been known to be activated by various chemotherapeutic agents that induce growth arrest [52, 53], which is consistent with our present study. The activation of ROS/Akt signaling cascade is also required for chemotherapeutic agents induced growth and apoptosis [54]. Activated AKT serves as an upstream signaling molecule for NF- $\kappa$ B through I $\kappa$ B $\alpha$  kinase (IKK) and I $\kappa$ B $\alpha$  [55]. The relationship and cross talks between NF- $\kappa$ B and PI3K/Akt in XCT-790 induced ROS generation need further study.

In summary, the ensemble of evidence presented in the current study demonstrates that the inverse agonist of ER $\alpha$  can suppress the *in vitro* and *in vivo* growth of TNBC cells via elevation of ROS generation as summarized in Figure 10. Further, XCT-790 can induce



**Figure 10:** A proposed model to illustrate the mechanism of XCT-790 mediated growth arrest and apoptosis of TNBC cells.

mitochondrial-related apoptosis, increase the expression of various proteins involved in growth inhibition, and cause ER-stress of TNBC cells. Multiple signal pathways including AKT/ROS and ERK/ROS positive feedback loops, NF- $\kappa$ B/ROS, and ROS/p38-MAPK, participate the inhibition effects of XCT-790 on TNBC progression. However, the relationship and cross talks between these signal pathways warrant further study. Considering that there is no efficiency therapy target for TNBC until now, the present study not only strongly suggests that ERR $\alpha$  can be considered as a potential important target but also provides XCT-790 as a drug candidate for TNBC therapy.

## MATERIALS AND METHODS

### Reagents

PD 98059 (PD, ERK1/2 inhibitor), SP600125 (SP, JNK inhibitor), SB203580 (SB, p38-MAPK inhibitor), LY294002 (LY, PI3K/Akt inhibitor), BAY11-7082 (BAY, NF- $\kappa$ B inhibitor) were obtained from Sigma-Aldrich (St Louis, Mo., USA). XCT-790 (specific inverse agonist of ERR $\alpha$ ) and other chemicals were of reagent grade or better and purchased from Sigma Chemical Co. (St. Louis, MO, USA) unless otherwise noted. Monoclonal antibodies were purchased from Cell Signaling Technology Inc. (Beverly, MA, USA) except the p-Akt and Akt, which were purchased from Bioworld Technology Inc (Minneapolis, MN, USA). Horseradish peroxidase-conjugated secondary antibody was obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). All compounds were solubilized in dimethyl sulfoxide (DMSO). Steroid-free medium containing DMSO (0.5% v/v) was used as the control.

### Cell lines and culture

TNBC cell MDA-MB-231 and BT-549 were purchased from the American Type Culture Collection (Manassas, VA, USA) and cultured in RPMI medium 1640 (Invitrogen Corporation, Carlsbad, CA, USA) supplemented with 10% heat-inactivated fetal Bovin serum, 100 U/ml penicillin, and 10  $\mu$ g/ml streptomycin at 37°C in a 5% CO<sub>2</sub> atmosphere. An ABI 3130 Genetic Analyzer (Applied Biosystems) was used for the profiling. The DNA profile data were cross-checked with the ATCC data bank. Medium was replaced with phenol red-free medium 24 h before experiments to remove the estrogen-like activity of phenol red.

### Cell viability assay

Proliferation and viability of cells were detected by use of previously described procedures [56, 57]. Briefly, cell viability was evaluated by use of the CCK-8 kit (Dojindo Molecular Technologies, Gaithersburg, MD, USA) according to the manufacturer's instructions. The

50% inhibitory concentration (IC<sub>50</sub>) was calculated using GraphPad Prism software (GraphPad Software Inc., La Jolla, CA).

### Analysis of cell cycle, apoptosis, mitochondrial membrane potential ( $\Delta\Psi$ m), and reactive oxygen species (ROS)

The assays of cell cycle, apoptosis,  $\Delta\Psi$ m, and ROS were conducted as our previous methods [50]. Briefly, for cell cycle analysis, cells were synchronized at the G1/S transition by a double TdR block, as follows: 16 h block with 2.5  $\mu$ M TdR (Sigma), 10 h release followed by the second block for 16 h. Then cells were treated with or without XCT-790, washed with PBS, fixed with 70% ethanol overnight at 4°C, incubated with propidium iodide (50  $\mu$ g/mL), and analyzed by a Coulter Epics XL Flow Cytometry System (Beckman-Coulter, Miami, USA). For cell apoptosis analysis, both the suspension and the adherent cells were collected after XCT-790 treatment, stained with Annexin V-FITC for 15 min and propidium iodide (PI) for 5 min, and analyzed immediately by flow cytometry using FL1 (Em: 525 nm) and FL3 (Em: 670 nm). For  $\Delta\Psi$ m measurement, JC-1 staining solution (5  $\mu$ g/ml) was added to XCT-790 treated cells at 37°C for 20 min. After washed with PBS twice, mitochondrial membrane potentials were monitored by determining the relative amounts of dual emission from a multiple fluorescence reader. Reactive oxygen species (ROS) were monitored with the oxidation sensitive fluorescent probe 2',7'-dichlorodihydrofluorescein diacetate (DCF-DA).

### Quantitative real-time PCR (qRT-PCR)

Total mRNA of cells were extracted with TRIZOL reagent. First strand of cDNA was generated from 2  $\mu$ g total RNA using oligo-dT primer and Superscript II Reverse Transcriptase (GIBCO BRL, Grand Island, NY, USA). qRT-PCR was run on an iCycler (Bio-rad, Hercules, USA) using validated primers and SYBR Premix Ex Taq II (Takara, Japan) for detection. The cycle number when the fluorescence first reached a preset threshold (Ct) was used to quantify the initial concentration of individual templates for expression of mRNA of genes of interest. Transcripts of the housekeeping gene GAPDH in the same incubations were used for internal normalization. Primer pairs were as follows: SOD1, forward 5'- GCA ATG TGA CTG CTG ACA AAG AT-3' and reverse 5'-ATT ACA CCA CAA GCC AAA CGA CT-3'; SOD2, forward 5'- TGG ACA AAC CTC AGC CCT AAC-3' and reverse 5'-GAA ACC AAG CCA ACC CCA AC-3'; GXP1, forward 5'- TGG ACC TTC ACC AGA CCT AC -3' and reverse 5'- GGT TGA GGA GAG AAA CAC CA -3'; Catalase, forward 5'- TTC GGT TCT CCA CTG TTG CT -3' and reverse 5'- GAT GTG TCT GAG GAT TTC TCT TTT G -3'; Nox1, forward 5'-TTT GGT TAG GGC TGA ATG T -3' and reverse 5'-TTG TGG

AAG GTG AGG TTG-3'; Nox4, forward 5'-ATG GTG GTG GTG CTA TTC -3' and reverse 5'- GGG AGG GTG GGT ATC TAA -3'.

### Western blot analysis

Western blot analysis was performed as previously described [58].

### Tumorigenesis assay

Nude mice were purchased from the Sun Yat-sen University (Guangzhou, China) Animal Center and raised under pathogen-free conditions. All animal studies were conducted in accordance with institutional guidelines for the care and use of experimental animals. MDA-MB-231 cells ( $2 \times 10^6$  per mouse) were injected subcutaneously into the fourth right mammary fat pad at the base of the nipple of nude mice with 50% Matrigel (BD bioscience, Bedford, MA). When the tumor was visible (14 days post injection of tumor cells), all mice were randomly divided into XCT-790 and control group ( $n = 8$  for each group). Mice of XCT-790 group were treated with XCT-790 (2 mg per kg, body weight) by tail vein injection for every three days (Six times together). Control group was treated with an equal volume of vehicle. Tumor growth and body weight were monitored every three days. The tumor volume was calculated using the formula  $V = 1/2 \times \text{larger diameter} \times (\text{smaller diameter})^2$ . When tumor volume at the control group reached approximate 1000 mm<sup>3</sup> (35 days post injection of tumor cells), the animals were sacrificed, and the tumors were removed and weighed for Western blot analysis.

### Statistical analysis

All values were reported as mean  $\pm$  SD of three independent experiments unless otherwise specified. Data were analyzed by two-tailed unpaired Student's t-test between two groups. The statistical analyses were performed using SPSS 17.0 for Windows. A *p*-value of  $< 0.05$  was considered to be statistically significant.

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### CONFLICTS OF INTEREST

The authors declare no conflicts of interest.

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